JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 **9:00 Resident Suggestion Hour** **10:00 Drum Circle w/Larry** **1:00 Make a 4th of July Party Hat!** **1:30 Blood Pressure Clinic w/Nurse Sarah** 2:00 Stars & States Game 3:00 Bingo 4:00 Music & Memories **5:00 Bible Study w/Stan Garn** ***Happy Birthday, Wanda Marsh!***	2 **8:45 Meijer Run** **9:00 Who Said It?** **10:00 Exercise** **10:30 The Hot Dog and Independence Day Connection** **11:00 Catholic Rosary** **1:00 Euchre** **1:00 Ladder Ball** **2:00 United States Bingo** **3:00 Arbor North Choir Patriotic Concert** **4:00 4th of July Celebration Music by Tony Rozensky**	3 9:00 Walking Club **10:00 Catholic Communion** 10:00 Morning Stretch 10:45 Po-Ke-No 1:00 Horseshoes **2:00 Hymn Sing Along** 3:00 Bingo	4 **10:00 Card Bingo** **11:00 Exercise** **1:00 Afternoon Feature: "Mr. Smith Goes to Washington"** **3:00 Bingo** **4:00 Euchre** INDEPENDENCE DAY
5 **10:30 Arbor Church Service** 1:00 Cards & Games **2:00 Documentary: "America 250"** 3:00 Bingo 4:00 Rummikub ***Happy Birthday, Bobbi Lake!***	6 9:00 Hand/Shoulder Massage 10:00 Exercise 10:30 United Shapes of America **10:45 Bible Study w/Pt.Knepprag h** 1:00 Let's Go Fishing **1:45 Music by Pat Taylor** 2:00 Patriotic Color Game 3:00 Bingo **4:00 Cafe: Chicken Salad, Fruit**	7 **8:00 MENS BREAKFAST** 9:45 Strength Training **10:30 Bible Study w/Chuck Husted** 10:45 Walking Club **12:30-3:00 Atlas Beauty Academy** 2:00 Rummikub **2:15 Handbell Practice** 3:00 Bingo **4:30 Movie w/Faith**	8 **8:00 BIG BREAKFAST** **9:00 Perk Up Coffee Hour ft. Chocolate Raspberry** **10:00 Tai Chi w/Mary Jo** **1:00 Painting w/Jean Weir** 1:00 Mens Pool Hour **1:30 Blood Pressure Clinic w/Nurse Sarah** **2:00 Arm Chair Travel: Mozambique** 3:00 Bingo 4:00 Music & Memories **5:00 Bible Study w/Stan Garn** **Happy Birthday, Joann Dack!**	9 **8:45 Meijer Run** 9:00 Words in Words **10:00 Catholic Mass** 10:00 Exercise 10:30 Canada or U.S.? **11:00 Catholic Rosary** 1:00 Euchre 1:00 Balloon Volleyball 2:00 Rock-N-Roll Bingo **3:00 Choir Practice** **4:00 Monthly Birthday Party** **Pizza, Salad, Cupcakes Music by Steve B.**	10 9:00 Brain Games **10:00 Catholic Communion** 10:00 Morning Stretch 10:45 Po-Ke-No **1:00 Walking Club Outing** **2:00 Hymn Sing Along** 3:00 Bingo **4:00 Popcorn Party!** ***Happy Birthday, Sharon Cryderman!***	11 10:00 Card Bingo 11:00 Exercise **1:00 DIY Craft Hour: Painted Rocks for Our Rock Garden** **2:00 Classic TV Hour: "Bonanza"** 3:00 Bingo 4:00 Euchre
12 **10:30 Arbor Church Service** 1:00 Cards & Games **2:00 Documentary: "The Hidden Founders of American Democracy"** 3:00 Bingo 4:00 Rummikub	13 9:00 Manicures 10:00 Exercise 10:30 Star of the Month: Sylvester Stallone **10:45 Bible Study w/Pt.Knepprag h** 1:00 Wheel of Fortune **1:45 Music by Paul Freeburn** 2:00 5 Crown 3:00 Bingo **4:00 Cafe: Southern Tomato Pie, Calico Beans**	14 9:00 Pictionary 9:45 Strength Training **10:30 Bible Study w/Danny Lacy** 10:45 Walking Club 1:00 Plinko 2:00 Rummikub **2:15 Handbell Practice** **3:00 BIG MONEY BINGO** **4:30 Movie w/Faith** ***Happy Birthday, Cly T Welling and Chuck Husted!***	15 9:00 Password **10:00 Drum Circle w/Larry** **1:00 Make Popsicle Wall Decor!** **1:30 Blood Pressure Clinic w/Nurse Sarah** 2:00 Noodleball 3:00 Bingo 4:00 Music & Memories **5:00 Bible Study w/Stan Garn**	16 **8:45 Meijer Run** 9:00 What, When, Who Am I? 10:00 Exercise 10:30 July Trivia & More **11:00 Catholic Rosary** 1:00 Euchre 1:00 Bulls Eye Washer Toss **2:00 Popsicles on the Porch** 3:00 Choir Practice **4:00 Dinner: Ham & Cheese Sliders Music by Jim Hermann** ***Happy Birthday, Ernie Poole!***	17 9:00 Walking Club **10:00 Catholic Communion** 10:00 Morning Stretch 10:45 Po-Ke-No 1:00 Horseracing **2:00 Hymn Sing Along** 3:00 Bingo 4:00 Lucky Dog	18 10:00 Card Bingo 11:00 Exercise **1:00 Afternoon Feature: "A Fistful of Dollars"** 3:00 Bingo 4:00 Euchre
19 **10:30 Arbor Church Service** 1:00 Cards & Games **2:00 Documentary: "Theodore Roosevelt: Rough Rider to Rushmore"** 3:00 Bingo 4:00 Rummikub ***Happy Birthday, Dee Steffey!***	20 9:00 Manicures 10:00 Exercise 10:30 Wacky Wordies & More **10:45 Bible Study w/Pt.Knepprag h** **1:00 ARBOR STORE** **1:45 Music by Lee Piper** **2:00 Skip Bo** **3:00 Bingo** **4:00 Cafe:Summer Corn Chowder**	21 **8:00 Ladies Breakfast Halls 3&4** 9:45 Strength Training **10:30 Bible Study w/Chuck Husted** 10:45 Walking Club 1:00 Blank Slate 2:00 Rummikub **2:15 Handbell Practice** 3:00 Bingo **4:30 Movie w/Faith**	22 **9:00 Perk Up Coffee Hour ft. Caramel Vanilla** **10:00 Tai Chi w/Mary Jo** **1:00 Painting w/Jean Weir** **1:00 Men's Pool Hour** **1:30 Blood Pressure Clinic w/Nurse Sarah** **3:00 PENNY AUCTION** **4:00 Music & Memories** **5:00 Bible Study w/Stan Garn**	23 **8:45 Meijer Run** 9:00 Hangman 10:00 Exercise 10:30 A Year in the Life of a Porcupine **11:00 Catholic Rosary** 1:00 Euchre **1:00 Pine Cone Art w/Chris** 2:00 Kings in the Corner **3:00 Choir Practice** **4:00 TRIVIA NIGHT! ft. Walking Tacos**	24 9:00 Walking Club **10:00 Catholic Communion** 10:00 Morning Stretch **10:45 Heart Lifters: Summers with the Family** 1:00 Horseracing **2:00 Hymn Sing Along** 3:00 Bingo **4:00 Popcorn Party!**	25 10:00 Card Bingo 11:00 Exercise **1:00 DIY Craft Hour: Design a Beach Ball** **2:00 Classic TV Hour: "The Andy Williams Show- w/Bing Crosby, Ernie Ford, Kate Smith** 3:00 Bingo 4:00 Euchre
26 **10:30 Arbor Church Service** 1:00 Cards & Games **2:00 Documentary: "Jackie Kennedy: The Real Story of America's Favorite First Lady"** 3:00 Bingo 4:00 Rummikub ***Happy Birthday, Melissa Cram and Bert Mercer!***	27 9:00 Hand/Shoulder Massage 10:00 Exercise 10:30 Word Web **10:45 Bible Study w/Pt.Knepprag h** 1:00 Bean Bag Toss **1:45 Music by Paul K. and Watermelon on the Front Porch!** 3:00 Bingo **4:00 Cafe: Grilled Cheese w/Pepperoni, Veggies**	28 9:00 Which Came First? 9:45 Strength Training **10:30 Bible Study w/Danny Lacy** 10:45 Walking Club **12:30-3 Atllas Beauty Academy** 2:00 Rummikub (Arbor Room) **2:15 Handbell Practice** 3:00 Bingo **4:30 Movie w/Faith**	29 9:00 Higher or Lower **10:00 Drum Circle w/Larry** **1:00 Make-N-Take: Tropical Snack Mix** **1:30 Blood Pressure Clinic w/Nurse Sarah** 2:00 Hot Potato 3:00 Bingo 4:00 Music & Memories **5:00 Bible Study w/Stan Garn**	30 **8:45 Meijer Run** 9:00 Short Story Jokes 10:00 Exercise 10:30 Roll-A Word **11:00 Catholic Rosary** 1:00 Euchre 1:00 Jeopardy! 2:00 Noodleball 3:00 Choir Practice **4:00 Dinner: Pulled Pork Sliders Music by Cheryl B.**	31 9:00 Walking Club **10:00 Catholic Communion** 10:00 Morning Stretch 10:45 Po-Ke-No 1:00 Quarter Chase! **2:00 Hymn Sing Along** 3:00 Bingo 4:00 Lucky Dog	

Due to unforeseen circumstances, activities are subject to change. Thank you for your patience and understanding.